

**Day 1: Mental Health in the Context of Physical Illness**

**09:30-0945 Welcome and Introduction**

Dr Katya Certic, Consultant Community Paediatrician

**09:45-10.45 Psychosocial Interventions in Duchenne Muscular Dystrophy and what we can learn about neuropsychiatric disorders from this condition**

Dr Rory Conn, Consultant Paediatric Psychiatrist, Exeter

**10:45-11:00 Coffee Break**

**11:00-11:55 A Multidisciplinary Team Approach to Asthma**

Dr. Louise Selby, Consultant Respiratory Paediatrician, and Dr. Amy Shayle, Clinical Psychologist, Addenbrooke's Hospital, Cambridge

**11:55 - 12:40 The Juggling Act: Looking After Yourself, Patients, Families and your Team. Perspectives from a Clinical Psychologist in Critical Care.**

Dr. Hena Syed-Sabir, Clinical Psychologist, Birmingham Children's Hospital

**12:40-13:30 Lunch**

**13:30-14:15 Psychodermatology in Paediatrics and Adolescents: Helping Children and Young People be Comfortable in their Skins**

Dr. Tess McPherson, Consultant in Dermatology, Oxford University Hospitals

**14:15-15:00 Increasing Access to Treatment for Mental Health Disorders in Paediatric Chronic Illness**

Ms. Anna Roach, PhD Researcher, and Dr. Sophie Bennett, Senior Lecturer in Clinical Psychology, Kings College, London

**15:00- 15:30 Coffee Break**

**15:30-16:15 Trainee Presentations**

**16:15-17:15 Otto Wolff Memorial Lecture:**

**Infant and Early Childhood Mental Health: The Case for Action**

Dr. Clare Lamb, Honorary Consultant Child & Adolescent Psychiatrist, South London & Maudsley NHS Foundation Trust

**19:30 Annual PMHA Conference Dinner**

## **Day 2: Mental Health in Underserved Communities**

**08:45-09:45 AGM**

**9:45-10:30 Looked-After Children: Adversity and Mental Health**

Dr. Barry Coughlan, British Academy Research Fellow, University of Cambridge

**10:30-11:15 The Trajectory of Trauma: Adolescents in the Criminal Justice System**

Dr Varinder Panesar, Lead Forensic Psychologist/Therapies Lead at HMP Pentonville

**11:15-11:30 Coffee Break**

**11:30-12:15 Supporting the Mental Health of Young Carers**

Ms. Tanya Coles, Programme Lead - Making Carers Count, Carers Trust

**12:15- 13:00 Developing Trauma-Aware Schools**

Dr. Sara Zumbuhl and Ms. Sarah Gristwood, Hearts and Heads, Oxfordshire

**13:00-14:00 Lunch**

**14:00-14:45 Fast Feet Forward and Trauma-Informed Model of Care in Refugees**

Dr. Ana Draper, Clinical lead and consultant systemic psychotherapist, The Tavistock and Portman NHS Foundation Trust

**14:45- 15.30 Improving Access and Efficacy: Mental Health Care for Children and Adolescents in Gypsy, Roma and Traveller Communities**

Ms. Fiona Perkins and Ms. Nicki Woodford, Margaret Clitherow Trust

**15:30- 15:45 Coffee Break**

**15:45-16:30 Managing Ethical Dilemmas in Gender Dysphoria**

Dr. Emma Blake, Consultant Paediatrician, Isle of Wight NHS Trust

**16:30-16:45 Closing Comments**