



26<sup>th</sup> & 27<sup>th</sup> January 2023

## Annual Meeting, Minster Mill, OX29 ORN

Thursday 26th January 2023

### Symposium - Equality, Diversity, inclusion and mental health

09:30-0940 Welcome and Introduction - Dr Cassie Coleman

09:40-10.30 *Mental Health & Learning Disability: how we can advocate for our patients by ensuring that our services are able to provide an appropriate skilled approach*

Dr Nathalie Leyland, Consultant Psychiatrist in Intellectual Disability

10:30-11:20 *Impact of Racism and Racial Trauma on the Mental Health of Children and Young People*

Dr Shubulade Smith, Consultant Psychiatrist

11:20-11:40 Coffee break

11.40-12:30 *Minority Groups Accessing Mental Health Care*

Dean Harvey, Community Development Worker, Pentreath

12:30-13:30 Lunch and poster viewing

13:30 - 14:30

WORKSHOP 1: *Managing Children with ASD in the Acute Setting*

Inpatient Liaison Team, Addenbrooke's Hospital

14:30-14:45 Coffee break

14.45- 15:45

WORKSHOP 2: *Working with Difference*

Vince Hesketh and Tina Gutbrod, Family Therapists

16:00-17:00

Otto Wolffe Memorial Lecture:

*Report into the Gender Identity Service, Tavistock* Dr Hilary Cass.

19:30 PMHA Annual Dinner



**Friday 27th January 2023**

**Symposium - Mental Health in CYP: The Changing Landscape**

**08:30-09:30** AGM

**9:30- 10:15** *Mental Health in Schools Programme*  
Charlotte Young

**10:15-11:00** *MAPS (Mental Health Admissions to Paediatric Wards Study)*  
Dr Lee Hudson, Consultant Paediatrician

**11:00-11:20** Coffee break

**11:20-11.50** *Trainee presentations*

**11:50-12:40** *The Crisis in Eating Disorders: MEED Guidelines*  
Dr Natasha Sauven, Consultant Paediatrician

**12:40-13:20** Lunch

**13:20- 14.00** *Emotionally-Based School Avoidance*  
TBC

**14:00- 15:00**  
**WORKSHOP 1:** *Tics and Functional Tic-like Episodes*  
Dr Emma Blake, Consultant Paediatrician and PMHA Convenor

**15:00-15:15** Coffee

**15:15-16:15**  
**WORKSHOP 2:** *How to effectively engage CYP in bringing about change*  
TBC

**16:15-16:30** Closing comments

**Target audience:** Health care professionals interested in mental health.  
**Key aims:** Education, update and discussions about current topics in children and young people's mental health.